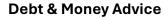
## **Family Community Hub** A safe, supportive space for families facing tough times

Are you feeling overwhelmed by money worries, debt or emotional stress? The Family support hub offers free, confidential, non-judgemental help for families going through difficult times.

## What we offer





- Budgeting support
- Referral support for Debt Management
- Benefits signposting
- Information on grants including Kirklees household support funds
- Universal Credit enquiries



## Mantal Health & Emotional Support

- Safe space to talk
- Access to wellbeing events
- Sign posting to Mental health Provision.
- Wellbeing courses



## Courses, Volunteering & help finding work

- Volunteering opportunities
- Access to courses to improve Maths & English, ESOL. I.T and many more
- Help in creating CV and applying/looking for work