

# Family Community Hub

## A safe, supportive space for families facing tough times

Are you feeling overwhelmed by money worries, debt or emotional stress? The Family support hub offers free, confidential, non-judgemental help for families going through difficult times.

### What we offer

#### Debt & Money Advice



- Budgeting support
- Referral support for Debt Management
- Benefits signposting
- Information on grants including Kirklees household support funds
- Universal Credit enquiries

#### Mental Health & Emotional Support



- Safe space to talk
- Access to wellbeing events
- Sign posting to Mental health Provision.
- Wellbeing courses

#### Courses, Volunteering & help finding work



- Volunteering opportunities
- Access to courses to improve Maths & English, ESOL. I.T and many more
- Help in creating CV and applying/looking for work