



Curriculum Overview

PE

PE Curriculum 2024-25 OVERVIEW

		Term 1			Term 2				Term 3		
YEAR 7	Girls	Nelball	Hockey	Dance	Fitness	Football	OAA	Table Tennis/Zumba	Rounders	Athletics	Cricket
	Boys	Football	Basketball	Rugby	Fitness	Table Tennis/Badminton	OAA	Handball/Hockey	Cricket	Athletics	Rounders

Fundamentals, Rules and Regulations

		Term 1			Term 2				Term 3		
YEAR 8	Girls	Nelball	Hockey	Heart Start/Badminton	Fitness	Football	Gymnastics	Table Tennis/Zumba	Rounders	Athletics	Cricket
	Boys	Football	Basketball	Rugby	Fitness	Table Tennis/Badminton	Heart Start	Handball/Hockey	Cricket	Athletics	Rounders

Defensive Principles and Designing Routines

		Term 1			Term 2				Term 3		
YEAR 9	Girls	Nelball/Handball	Hockey	Dance	Fitness	Football	Badminton	Table Tennis	Rounders	Athletics	Cricket
	Boys	Football	Basketball	Rugby	Fitness	Table Tennis	Gaelic Football	Hockey	Cricket	Athletics	Rounders

Attacking Principles and Further Choreographic Devices