

BTEC SPORT

Extended Certificate (Single Award)

OVERVIEW

This specialist qualification focuses on developing students' knowledge of the different areas of employment within the vocational world of sport. The course brings together both practical and theoretical units where students gain outstanding classroom teaching throughout the course. This is achieved through a variety of vocational tasks that encourages the development of appropriate vocational behaviours and transferable skills such as communication, teamwork, research and analysis, which are valued in both higher education and the workplace. All modules are assessed through a variety of methods including presentations, interviews, group work and written assignments, externally assessed exams and synoptic assessments. During the course all students will be given the opportunity to coach and co-ordinate extra-curricular sports activities. This will then enable them to become part of The MFG Sports Leadership Academy, and participate in coaching teams and leading sports events with local primary schools.

ENTRY REQUIREMENTS

Grade 4 in GCSE PE or Level 2 Pass or above equivalent with Grade 4, 4 in GCSE Combined Science (Sport/coaching experience could also be considered).

ASSESSMENT

Units 1, 2 and 22 are externally assessed units = 46%

Units 3, 4, 5, 6, 23, 25 are internally assessed coursework units = 54%

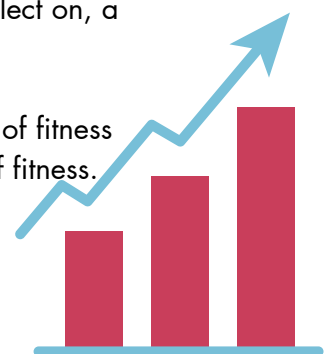
COURSE UNITS

Unit 1 – Anatomy & physiology; you will explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of the energy systems.

Unit 2 – Fitness training & programming; you will explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and well-being.

Unit 3 – Professional development in the sports industry; you will explore the knowledge and skills required for different career pathways in the sports industry. You will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities.

Unit 5 – Application of fitness testing; you will gain an understanding of the requirements of fitness testing and learn how to safely conduct a range of fitness tests for different components of fitness.



FUTURE OPPORTUNITIES

Studying BTEC Sport will equip you with the necessary knowledge, understanding and skills that you need to prepare yourself for employment within the sporting industry, ideal for anyone wishing to pursue a career in the sport and leisure sector, public services or on to higher education.

Students go on to study sport and its related fields, such as education, elite performance, sports management, sports coaching and development, performance analysis, technical scouting and sports therapy.

FURTHER INFORMATION

If you are interested in the world of sport and wish to pursue a career in its various related areas or intend to progress to careers which involve performance, including as a sports coach or a support officer in a high-performance environment, then this is the course for you.

For further information, contact us:

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