



## Curriculum Intent Statement

### Physical Education

<p>Whole School Curriculum Intent Statement</p>	<p>The MFG's seven-year curriculum:</p> <ul style="list-style-type: none"> <li>- is constructed around <b>RITA values</b> to enhance <b>character</b> and <b>cultural capital</b>.</li> <li>- is coherently <b>sequenced</b> to build <b>knowledge</b> and <b>skills</b> for future learning and employment.</li> <li>- is <b>challenging</b> and <b>inclusive</b> to meet the <b>personal development</b> needs of all students.</li> <li>- explicitly teaches <b>vocabulary, oracy</b>, and <b>reading</b> to ensure lifelong learners.</li> </ul>
<p>Subject Curriculum Intent Statement</p>	<p><i>The PE curriculum at The Mirfield Free Grammar is designed around core principles which underpin the passion all the staff have for developing healthy, active young adults who are inspired to pursue physical activity beyond the walls of the school environment in order to live active lifestyles maintaining and improving the health and well-being</i></p> <p><i>We want them to learn about an activity they enjoy and keep doing for the rest of their lives and develop the skills to lead an active healthy lifestyle</i></p> <p><b>Our intent (SEPA):</b> During the 7-year journey, the PE departments inclusive, knowledge rich curriculum aims to meet the needs of all students to ensure they:</p> <ul style="list-style-type: none"> <li>• Feel <b>Safe</b> – to take risks in learning new and challenging skills whilst developing RITA values.</li> <li>• <b>Enjoy PE</b> – learning to love at least one physical activity that they will pursue beyond the school environment for lifelong health and well-being whilst learning to work independently and with others</li> <li>• Have <b>Passion (for progress)</b> – to act on effective feedback using explicit vocabulary to build knowledge, skills and memory, thus becoming increasingly physically competent</li> <li>• <b>Aspire</b> – to be the best version of themselves they can be, enhancing character and developing the physical literacy needed to stay healthy to become well-rounded individuals with the sporting cultural capital needed to be successful in the world of work.</li> </ul>

Subject Curriculum  
Quote

*"Physical fitness is not only one of the most important keys to a healthy body. It is the basis of dynamic and creative intellectual activity" ---  
John F Kennedy*