



**GREAT
HEIGHTS**
ACADEMY TRUST



**Mirfield
Sixth Form
College**



Curriculum Intent Statement

Food and Nutrition

<p>Whole School Curriculum Intent Statement</p>	<p>The MFG's seven-year curriculum:</p> <ul style="list-style-type: none"> - is constructed around RITA values to enhance character and cultural capital. - is coherently sequenced to build knowledge and skills for future learning and employment. - is challenging and inclusive to meet the personal development needs of all students. - explicitly teaches vocabulary, oracy, and reading to ensure lifelong learners.
<p>Subject Curriculum Intent Statement</p>	<p>The Food and Nutrition curriculum at the MFG supports our RITA values of respect, integrity, teamwork and aspiration.</p> <p>Food and Nutrition will challenge students to develop their knowledge, understanding and skills required to cook and apply the principles of food science, nutrition and healthy eating. Food lessons will be a mixture of practical and theoretical lessons, to encourage literacy and numeracy skills.</p> <p>Our inclusive curriculum will encourage students to cook and enable them to make informed decisions about a wide range of further learning opportunities and career pathways as well as develop vital life skills that enable them to feed themselves and others affordably and nutritiously, now and later in life.</p>
<p>Subject Curriculum Quote</p>	<p>"Good food isn't just about deliciousness. It is also about health – our own health and the health of the environment." Yotam Ottolengh, Chef</p>